



January 2018

PRINCIPAL: Mr. Robbie Dhillon  
SECRETARY: Ms. Sharon Binng and Ms. Melanie Warriner

<http://schoolsweb64.bc.ca/pacs/>

### FROM THE OFFICE

Dear Parents,

We hope you had a wonderful holiday filled with family and friends. We want to thank you for coming out to our Craft Night. Thanks to staff for volunteering their time to make this happen and to PAC for funding the crafts. Our Grade 7 food drive brought in over 1400 items raised for Loaves and Fishes. Thank you to Mr. Robertson for leading this endeavor.



Your child(ren) and staff have returned from their break refreshed and ready for the learning opportunities that lie ahead. As January unfolds, it is a perfect opportunity to re-establish routines and regular habits to support your child(ren's) school life. Here are six ways to assist you in this regard:

1. Regular bedtimes with time for brushing teeth, bathing and quiet reading time helps to calm active children and enable them to sleep well each night.
2. Consistent wakeup times, healthy breakfasts and sufficient time to dress and gather school books enables children to begin the school day on time and in a calm way.
3. Regular daily homework time (with parental support as needed) is essential to help children feel competent and confident in class.
4. Ensure there is a balance between active play and television or computer time. Time with friends and family is essential to developing positive social skills and a sense of belonging.
5. Computers should be in a highly visible area of the house. A child's computer time must be monitored and should follow specific safety guidelines regarding site and program access.
6. Share a caring conversation and a smile with your child each day.

We are also at that time of the year when we are accepting registration for new, in catchment, students for September **including new kindergarten students**. If you know of a family with a child who should be entering Kindergarten in September in our neighborhood please encourage the family to register their child immediately. **This process is done on line and the information is in this newsletter.**

I would like to thank our PAC for their strong leadership and for all their hard work this school year! They have spent countless hours behind the scenes working on various projects and activities that make Park Avenue a very special place for our students and their families.

We have many dedicated parents who help out with classroom and/or school related activities. Remember that the PAC includes all parents of the school. Please attend meetings and become active with the PAC sponsored activities.

Yours truly,

Mr. Robbie Dhillon

### SCHOOL CALENDAR 2017-2018

PAC (6:30 PM).....	Mon Jan 15
Progress Report Issued .....	Fri Feb 2
BC Family Day (students do not attend) .....	Mon Feb 12
Non Instructional Day (students do not attend) .....	Mon Feb 19
Non Instructional Day (students do not attend) .....	Tues Feb 20
Pink Shirt Day (Anti Bullying).....	Wed Feb 21
PAC (6:30).....	Mon Feb 26
Last Day before Spring Break/Easter .....	Fri. Mar 16
First Day back.....	Tues Apr 3
PAC (6:30 PM).....	Mon Apr 9
Pro-D (school based) (students do not attend) .....	Fri May 11
PAC (6:30 PM).....	Mon May 14
Victoria Day (students do not attend) .....	Mon May 21
School Track Meet (Gr 3-7).....	Tues May 22
Zone Track Meet.....	Wed May 30
Welcome to Kindergarten (AM).....	Fri Jun 1
District Track Meet.....	Thurs Jun 7
PAC (6:30 PM).....	Mon Jun 11
Formative Report Issued.....	Thurs Jun 28
Last Day of School (school dismissed at 2:37).....	Thurs Jun 28
Administration Day .....	Fri. Jun 29

### LOST AND FOUND



Our lost and found box is located just inside the main door. If your child does not come home with a piece of clothing please check this box. Items were donated to charity before our break.

### BIKE SAFETY

During the winter months there is less daylight. This increases the dangers on the roads with students cycling to school in very poor lighting conditions. It is very important that students wear brightly coloured clothing or reflective tape so others can see you better. Ideally the importance of having proper lighting affixed to their bike is the best way to allow for others to see you clearly as a cyclist. Just a reminder, it's against the law to ride a bicycle without a red rear light and a white light on the front. In addition, please walk your bike across marked crosswalks when crossing the road and do not ride your bike on school property. Always wear your helmet --- "It's your last line of defense!"

Constable D. Fraser RCMP School Liaison Officer

## PARENT QUIZ – ARE YOU A GOOD LISTENER?

We all think we're good listeners, but studies show that most people can do a better job.

Have each member of your family take this quiz. See if you agree with each other!

Give yourself five points for things you think you do very well, zero for something you really need to work on – or any score in between.

- \_\_\_\_ 1. I do not interrupt family members when they are talking.
- \_\_\_\_ 2. Each person in my family can count on me for some uninterrupted listening time each day.
- \_\_\_\_ 3. I do not do other things while "listening" to people.
- \_\_\_\_ 4. I maintain eye contact with my family when they speak.
- \_\_\_\_ 5. My family would consider me a good listener.

## APPROPRIATE CLOTHING FOR WEATHER CONDITIONS



The cool wet weather has not left us and at this point looks like it will be around for a while. There may be days students will ask the question "Is it an inside day?" The answer on most days is no. Students will be going outside to play at recess and lunch unless it is raining heavily. We thank you for ensuring your child comes to school with appropriate rain and cool weather clothing. At Park Ave we believe in the importance of fresh air and outside play for all students and appreciate your assistance in this regard. **It is also advisable students have a change of clothes in their school bags, including socks.** Warm gloves are always a good idea as well.

## ABSENCES OR LATES



If your child is absent or late for school please phone the school as early as possible to notify the office (and preferably before 8 AM). The school office does have a 24 hour voice mail and you can leave a message stating your name, your child's name, grade and teacher. This will avoid the phone call from the office to you in the morning, as well as help us to ensure all students are accounted for as quickly as possible. **On the topic of lates, please ensure your child arrives to school by 8:45.** Being late to class can impact your child's day as critical information (ie

shape of the day) is covered early on, as are the morning announcements. Being late can also cause distractions for students and staff.

## SCHOOL REGISTRATION 2018-2019

To register your child in Nanaimo-Ladysmith Public Schools, the online, centralized registration began on **January 10, 2018th**. The following information will help determine if this process will apply to you.

Take a moment and ask yourself the following questions:

1. Is my child new to Nanaimo-Ladysmith Public Schools?
2. Do I have a child that will be turning five years old on or before December 31, 2018 that will be entering Kindergarten? **Applications must be received by June 15, 2018 to ensure a placement in your child's catchment-area school.**
3. Do I want to register my child in Late French Immersion?
4. Do I want to register my child in Early French Immersion? **Applications will be received until January 31, 2018, at which time student selection will be determined by lottery. Parents will be notified in early February 2018. Late French Immersion Students are placed as space permits.**
5. Do I want to register my child in secondary academies? (Hockey, Soccer, Beach Volleyball, Lacrosse, Baseball, Performing Arts or Jazz)
6. Do I want to apply for a school transfer request (out-of-catchment)? **Applications are due March 31, 2018.**

For more information please visit the district website or by emailing [ereg@sd68.bc.ca](mailto:ereg@sd68.bc.ca)

## A SPECIAL NOTE ABOUT GRADE 7-8 REGISTRATION

Our Grade 7 students are automatically registered and scheduled at John Barsby Secondary for Grade 8, as John Barsby is our catchment high school. There is no need to apply to John Barsby Secondary as this is automatically taken care of for your child. Students wanting to transfer to a secondary school other than our catchment area high school, should notify their Principal and Grade 7 Teacher and apply online at <http://bit.ly/ereqk12>. Registration opens January 10th. Out of catchment applications will be prioritized based on time and date stamp of the application as per Administrative Procedure 303 <http://bit.ly/studreg303>

If you currently live in the catchment area of another high school and your child plans to attend that high school (ie: not John Barsby) please ensure the student registration process is completed ASAP.