



January 2020

PRINCIPAL: Mr. Robbie Dhillon

SECRETARY: Ms. Sharon Binng and Ms. Theora Brandner

<http://schoolsweb.sd68.bc.ca/parkave/>

FROM THE OFFICE

Dear Parents,

We hope you had a wonderful holiday filled with family and friends. Our Grade 7 food drive brought in over 1200 items raised for Loaves and Fishes.



Your child(ren) and staff have returned from their break refreshed and ready for the learning opportunities that lie ahead. As January unfolds, it is a perfect opportunity to re-establish routines and regular habits to support your child(ren's) school life. Here are six ways to assist you in this regard:

1. Regular bedtimes with time for brushing teeth, bathing and quiet reading time helps to calm active children and enable them to sleep well each night.
2. Consistent wakeup times, healthy breakfasts and sufficient time to dress and gather school books enables children to begin the school day on time and in a calm way.
3. Regular daily homework time (with parental support as needed) is essential to help children feel competent and confident in class.
4. Ensure there is a balance between active play and television or computer time. Time with friends and family is essential to developing positive social skills and a sense of belonging.
5. Computers should be in a highly visible area of the house. A child's computer time must be monitored and should follow specific safety guidelines regarding site and program access.
6. Share a caring conversation and a smile with your child each day.

We are also at that time of the year when we are accepting registration for new, in catchment, students for September **including new kindergarten students**. If you know of a family with a child who should be entering Kindergarten in September in our neighborhood please encourage the family to register their child immediately. **This process is done on line and the information is in this newsletter and has been emailed out already.**

I would like to thank our PAC for their strong leadership and for all their hard work this school year! They have spent countless hours behind the scenes working on various projects and activities that make Park Avenue a very special place for our students and their families.

We have many dedicated parents who help out with classroom and/or school related activities. Remember that the PAC includes all parents of the school. Please attend meetings and become active with the PAC sponsored activities.

Yours truly,

Mr. Robbie Dhillon

SCHOOL CALENDAR 2020

PAC (6:30 PM)..... Mon Jan 13

Progress Report IssuedFri Feb 7
BC Family Day (students do not attend)Mon Feb 17
Non Instructional Day (students do not attend)Mon Feb 24
Non Instructional Day (students do not attend)Tues Feb 25

PAC (6:30 PM)..... Mon Mar 2
Last Day before Spring Break/Easter Fri. Mar 13
First Day back..... Mon Mar 30

Good FridayFri Apr 10
Easter Monday.....Mon Apr 13
PAC (6:30 PM).....Mon Apr 20

PAC (6:30 PM).....Mon May 11
Victoria Day (students do not attend)Mon May 18
Track and Field Meet (Gr 3-7@ Rotary) Fri May 22
Non Instructional Day(Students do not attend).....Fri May 29

PAC (6:30 PM)..... Mon Jun 15
Formative Report Issued.....Thurs Jun 25
Last Day of School (school dismissed at 2:37).....Thurs Jun 25
Administration Day Fri Jun 26

LOST AND FOUND



Our lost and found box is located just inside the main door. If your child does not come home with a piece of clothing please check this box. Items were donated to charity before our break.

SNOW RULES

We'd like to remind parents of the "snow" rules at Park Avenue Community School. The following rules are enforced for the safety of students:



- There is "no snowball throwing" on the grounds
- Students are not to participate in activities that may injure

other students – face washing with snow, kicking chunks of snow/ice, etc.

It is important that our students understand the rules and our concern that snowballs can cause serious injury.

BIKE SAFETY



In the same newsletter we mention snow, we will discuss bike safety 😊. During the winter months there is less daylight. This increases the dangers on the roads with students

cycling to school in very poor lighting conditions. It is very important that students wear brightly coloured clothing or reflective tape so others can see you better. Ideally the importance of having proper lighting affixed to their bike is the best way to allow for others to see you clearly as a cyclist. Just a reminder, it's against the law to ride a bicycle without a red rear light and a white light on the front. In addition, please walk your bike across marked crosswalks when crossing the road and do not ride your bike on school property. Always wear your helmet --- "It's your last line of defense!"

Constable S. Caram RCMP School Liaison Officer

PARENT QUIZ – ARE YOU A GOOD LISTENER?

We all think we're good listeners, but studies show that most people can do a better job.

Have each member of your family take this quiz. See if you agree with each other!

Give yourself five points for things you think you do very well, zero for something you really need to work on – or any score in between.

- ____1. I do not interrupt family members when they are talking.
- ____2. Each person in my family can count on me for some uninterrupted listening time each day.
- ____3. I do not do other things while "listening" to people.
- ____4. I maintain eye contact with my family when they speak.
- ____5. My family would consider me a good listener.

APPROPRIATE CLOTHING FOR WEATHER CONDITIONS



The cool wet weather has not left us and at this point looks like it will be around for a while. There may be days students will ask the question "Is it an inside day?" The answer on most days is no. Students will be going outside to play at recess and lunch unless it is raining heavily. We thank you for ensuring your

child comes to school with appropriate rain and cool weather clothing. At Park Ave we believe in the importance of fresh air and outside play for all students and appreciate your assistance in this regard. **It is also advisable students have a change of clothes in their school bags, including socks (this includes older kids as well as younger kids).** Warm gloves are always a good idea as well.

ABSENCES OR LATES



If your child is absent or late for school please phone the school as early as possible to notify the office (and preferably before 8 AM). The school office does have a 24 hour voice mail and

you can leave a message stating your name, your child's name, grade and teacher. This will avoid the phone call from the office to you in the morning, as well as help us to ensure all students are accounted for as quickly as possible. **On the topic of lates, please ensure your child arrives to school by 8:45.** Being late to class can impact your child's day as critical information (ie shape of the day) is covered early on, as are the morning announcements. Being late can also cause distractions for students and staff.

SCHOOL REGISTRATION 2020-2021

Below are a few pieces of information:

To register your child in Nanaimo-Ladysmith Public Schools, the online, centralized **registration began on January 8, 2020.**

The following information will help determine if this process will apply to you.

Take a moment and ask yourself the following questions:

- 1. Is my child new to Nanaimo-Ladysmith Public Schools?
- 2. Do I have a child that will be turning five years old on or before December 31, 2020 that will be entering Kindergarten?
Applications must be received by June 15, 2020 to ensure a placement in your child's catchment-area school.
- 3. Do I want to register my child in Late French Immersion? **(see list serve for more detailed information)**
- 4. Do I want to register my child in Early French Immersion? **Applications will be received until January 31, 2020, at which time student selection will be determined by lottery. Parents will be notified in early February 2020. Late French Immersion Students are placed as space permits.**
- 5. Do I want to register my child in secondary academies? **(see list serve for more detailed information)**

Applications will be received until March 15, 2020, at which time student selection will be determined either by lottery or tryout/audition. Parents will be notified in May 2020.

- 6. Do I want to apply for a school transfer request (out-of-catchment)? **Applications are due March 31, 2020**

For more information please visit, www.sd68.bc.ca or email ereg@sd68.bc.ca